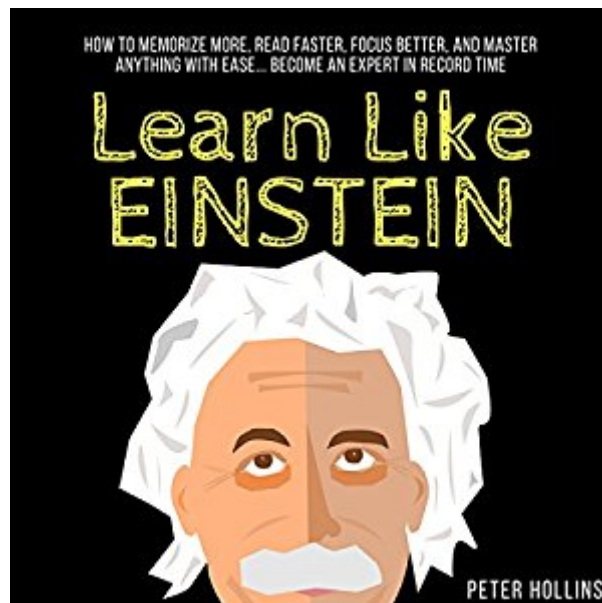




The book was found

Learn Like Einstein: Memorize More, Read Faster, Focus Better, And Master Anything With Ease



Synopsis

Wish you could learn and memorize more in less time? Stay focused, quit being frustrated, and absorb info like a human sponge? If you're looking to (1) accelerate your learning abilities, (2) improve your memory instantly, (3) pick up new skills efficiently, and (4) fly through material and ace tests - the answers are right in front of you. Step-by-step methods and habits to train your brain. Learn Like Einstein is your scientifically proven field guide on using your brain to its fullest potential like Albert Einstein. This is not a boring textbook full of generic tips like "manage your time better and don't cram at the last minute". There are specific and actionable tactics to address every aspect of your learning - from memorizing, reading faster, absorbing more, and focusing better. Become an expert and decipher complexities rapidly. Peter Hollins has studied psychology and peak human performance for over a dozen years. This book represents the scientifically proven methods he has used to become an expert in multiple domains. Learn faster and save your valuable time. Discover how to double your reading speed and finish any book in less than an hour Develop bulletproof focus and concentration Learn memory techniques used by top experts How to cram the absolute best way Become an information processing machine Why your current notes are sabotaging your learning Why some people learn by hearing, doing, music, or moving How to rehearse and practice to achieve expertise in record time How to use the secret superpower of spaced repetition Rediscover your life with laser sharp focus and mental clarity. Learning to learn is one of the most valuable skills you will ever possess because it unlocks everything you want in life. Imagine learning any skill, hobby, or passion in just days versus months, and becoming good enough to make money with it.

Book Information

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inÂ Books > Medical Books > Psychology > Applied Psychology #48 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Applied Psychology

Customer Reviews

When I was in college we did a study about how nursing students learn best, everyone has their own learning techniques and you just have to find yours! This book will teach you how to improve your learnings, different techniques and the basics, if you're more on reading- this book will also give you tips on doing it effectively, and so goes to writing, memorizing and even cramming! This is very helpful specially if you're just trying to identify your learning technique. However there are some areas that I don't share the same views with like the myth #1, but still this book is very helpful. I would tell my friends to read this book, it would definitely help them learn effectively! ãçÂ^Â°Ã Â,Â•

I loved this book I read it in 1 day and I must say it has really helped me in my studies, I highly recommend it to anyone wanted to learn and retain the information.

My memory has always been a little bit spotty. I can study well enough for tests but it's remembering things that I don't study or rehearse that has always been difficult. As I learned, there is a little bit of a gap between my working memory and my long term memory. Tough deal but ultimately it's gotten far better with some of the techniques in the book. They aren't directly about memory itself but the way they are structured helps comprehension and retention. Learn Like Einstein is a great tool and is the sort of book that we should receive when we're in elementary school so we develop good habits and work ethics. This would really have helped my grades earlier but hey, it's never too late.

Good Book with already known facts, but organised in good Way. It emphasizes discipline, hard work, systematic approach and confidence.

Perfect for colleague students It helped me to excel in Physics It talk about the skills and method required for perfection! Amazing Book!

Book is very useful, offer a lot of learning techniques. recommend this book for those who want to learn

4/5 good content. A little too short.

Looking up increase my mental horsepower and by jove I've done it. Well written book with clear tips to learn and comprehend knowledge better. If only I had this in graduate school, or in elementary school actually.

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